

To apply, please see the following links and contact details:

Cheshire & Wirral Partnership NHS Foundation Trust

Contact the team on 01244 393130 or email: volunteering@cwpa.nhs.uk
www.cwpa.nhs.uk/get-involved/become-a-volunteer/

Countess of Chester Hospitals NHS Foundation Trust

Contact Sue Cornick: 01244 365755 or email: Sue.Cornick@nhs.net
www.coch.nhs.uk/working-with-us/volunteering.aspx

East Cheshire NHS Trust

Contact Aoife Middlemass : 01625 661974 or email: Ecn-tr.Volunteering@nhs.net
www.eastcheshire.nhs.uk/Get-Involved/Volunteer.htm

Mid Cheshire Hospitals NHS Foundation Trust

Contact Jo Oakes : 01270 612311 or email: Jo.Oakes@mcht.nhs.uk
www.mcht.nhs.uk/work-for-us/volunteering

Warrington & Halton Hospitals NHS Foundation Trust

For more information email: volunteer.info@whh.nhs.uk
www.whh.nhs.uk

Wirral Community NHS Foundation Trust

Email: foryouwithyou@nhs.net or telephone 0151 514 6342 for more information.
www.wirralct.nhs.uk/get-involved/volunteers/what-volunteers-do

Wirral University Teaching Hospital NHS Foundation Trust

Email: wih-tr.volunteering@nhs.net or telephone 0151 604 7495 to apply.
www.wuth.nhs.uk

What other opportunities are there in volunteering?

Royal Voluntary Service (Cheshire)

www.royalvoluntaryservice.org.uk/hubs/1239-cheshire/6-volunteering-locally
Cheshirehub@royalvoluntaryservice.org.uk
Telephone – 0151 203 1116

East Cheshire Hospice

www.eastcheshirehospice.org.uk/volunteer
Apply online or email: volunteers@echospice.org.uk

St Lukes Cheshire Hospice

www.stlukes-hospice.co.uk/ways-to-support-us/volunteer/
Telephone – 01606 551246
Email – enquiries@stlukes-hospice.co.uk

St John Ambulance

www.sja.org.uk

British Red Cross

www.redcross.org.uk

NHS England

www.england.nhs.uk

Health Careers-NHS Careers

www.healthcareers.nhs.uk

Do-It

www.do-it.org



Building Careers in Health and Care



Get Involved,

Help others,

Learn new skills!

Volunteering in the NHS - get involved, help others, gain new skills!

An ideal opportunity to make a big difference in your local community.

Did you know that over 3 million volunteers in the U.K give their free time to support patients and staff in health, welfare and disability organisations, and that there has been a sharp rise in young people aged 16-25 years taking part.

Volunteers come from a wide range of

ages and background and are a highly valued member of any healthcare team. Volunteers can work directly with patients or can take part in behind the scenes roles.

But what ever work you choose be sure to know that you are making a **real** difference and directly contributing to the wellbeing, comfort and recovery of patients.

What will I do as a Volunteer?

We will try our best to find a role to match your interests.

- ◆ There are over **350 different jobs** in the NHS and you can choose to work in a wide variety of settings either working directly with patients or in other supporting roles.
- ◆ You might choose to help on a ward talking to patients, helping at meal times and giving out hot drinks.
- ◆ You might direct patients and visitors to wards and departments and help with enquiries, or be a foundation trust member or governor, the choice is yours.

Benefits for the Volunteer

Volunteering gives young people an opportunity to gain valuable work experience, to enhance their C.V and to confirm career choice by seeing first hand what working in he NHS is really like.

It provides an opportunity to meet new people, make new friends and improve personal wellbeing by contributing to the local community,

It helps to develop and enhance new skills, confidence and the ability to take on responsibility. Volunteering can also provide the experience required to support applications for NHS careers.

Benefits for the Hospital & Community

NHS England state that volunteers make a huge difference to patients by adding value to services, supporting better experiences of care and by helping people to recover sooner .

Indeed it is often the Volunteer who has those precious extra few moments that make all the difference to a patient.

Volunteering can also help to influence the quality of the future workforce. By developing people's confidence and employability skills it can help support recruitment channels with the possibility of finding a future workforce.

What do I need to know to be a Volunteer in the NHS?

You don't need any previous experience or qualifications to volunteer - all you need is to be caring, enthusiastic and responsible.

Most hospitals ask that you are aged 16 years or over (some hospitals may have a minimum age of 18 years), but there are also opportunities for younger volunteers in other settings.

How much time you give to volunteering is entirely up to you. We are very grateful for your time and support.

Ongoing training and support is offered to all volunteers.
